

Stretch, Hike & Lunch, Orchard Creek Trails (Lincoln Hills)

Thursday, March 12, 2026

If you are planning to join us for lunch please RSVP by March 10

I'll need to make reservations. Marilyn ; 916-899-3432 or e-mail:nanamccullough@yahoo.com

Difficulty: Easy

Elevation Gain: about 340 feet

Hike Distance: 4.5 miles

Pace: Moderate

Location: Lincoln Hills Hiking Trails

Description: We will meet at the O. C. Parking Lot, Row 14 at 9:00am to sign-in and will proceed to the outdoor Amphitheater behind the lodge for a 30 minute, customized stretch routine, presented by Danielle Merrill, OC Fitness Manager.

Please bring your hiking poles for the stretch class, they will not be needed for the hike. At the completion of the stretch class, we'll have a 15 minute break to use the bathroom and return the hiking poles to your cars.

The 4.5 mile hike will begin at 10:00am. We'll meet in the breezeway outside the Fitness Center and will walk along the parking lot, across Del Webb Blvd. to Sun City Blvd. and Andover. We'll follow Andover, across to Hidden Hills trails, and will follow the trail to the first turnout. We'll briefly wander through the neighborhood until we cross Stone Ridge Blvd and will follow the walking trails behind those homes. We'll cross Spring Valley Parkway and will continue to the walking trails on the other side of the street, to Homewood Blvd. and along to Fallen Leaf. We'll then cross Del Webb Blvd. and will take Fairway Blvd. back to LH Clubhouse. We'll finish with a bathroom stop, & will go to our cars to leave hiking gear, etc. We'll then have several minutes to freshen up before lunch at Meridian's at 12:30pm.

Hike Leader/Sweep: Marilyn McCullough/Tess Devenish

Special notes: There are no restroom facilities once we begin our hike. We'll Have a stretch class, presented by Danielle from the Fitness Center prior to the hike, at 9:00am. We'll have a bathroom break before the hike begins at 10:00am

- 1) Bring a copy of your ID (driver's license), health card, and emergency contact name and number with you on the hike.
- 2) 2) Bring water and a snack, and Hiking Poles for the stretch class.

Questions: Marilyn ; 916-899-3432 or e-mail:nanamccullough@yahoo.com

Meeting Time: 9:00am O. C. Parking Lot, Row 14 for check-in...Stretch Class will begin at 9:15am in the Outdoor Amphitheatre behind Orchard Creek Lodge. The hike will begin at 10:00am in the archway between the fitness center and the clubhouse.

RAIN CANCELS THE HIKE!