AVERY'S POND

TUESDAY, SEPTEMBER 24, 2024

DIFFICULTY: Easy, short up and down on dirt trail. Very little elevation gain.

HIKE DISTANCE: 4.3 miles **PACE**: moderate

GENERAL LOCATION: at end of Rattlesnake Road by Folsom Lake

DESCRIPTION: an easy hike to a man-made pond adjacent to Folsom Lake. There were several turtles in the pond on the pre-hike. Bring a snack or light lunch and camera. There are picnic tables at the pond for break.

RISKS: there is poison oak off of the trail; possibility of ticks or mosquitos although none were sighted on the pre-hike. If there is recent rain there could be mud.

TRAVEL TIME / DISTANCE : 30 minutes, 16 miles. A donation of \$4 is suggested for riders. Return time early afternoon. If you have a State Park pass please bring, otherwise parking is \$12.

HIKE LEADER: Gary Adams SWEEP: Ted Younis

SPECIAL NOTES:

FACILITIES: Pit toilet at boat ramp parking area

PREPARATION FOR HIKE:

- 1. Bring a copy of your ID (driver's license), health card, and an emergency contact phone number with you when you hike.
- 2. If you have any health issues, please consider your condition before hiking.
- 3. Always bring 2 pairs of shoes, along with a plastic bag to store your muddy/dusty boots after the hike.
- 4. Bring lunch/snack, water, and hiking boots. Trekking poles are recommended.

QUESTIONS: Call Gary Adams at 916-409-5802.

MEETING TIME: 8:15 a.m. row 14 Orchard Creek. LEAVE TIME 8:30 a.m.

DRIVING DIRECTIONS FOR AVERY'S POND TRAILHEAD

Leave Sun City via Stoneridge Blvd. Turn left on Twelve Bridges. Turn right on Sierra College Blvd. Go 3.6 miles and turn left on King Road at the traffic light. Go 5 miles to Auburn/Folsom Road and turn left. Go 1.3 miles and turn right on Newcastle Road. Continue onto Rattlesnake Road. Be sure to bear right where the sign says "Auburn left". Park in the boat trailer parking lot