

Hidden Falls Regional Park To the Bench and Back

Tuesday, Jan 9, 2024

DIFFICULTY: Moderate

ELEVATION GAIN: +/- 500ft Start at 900 ft

HIKE DISTANCE: 6 miles

GENERAL LOCATION: Between Lincoln and Auburn

DESCRIPTON: We will be hiking on the South Legacy Way to the Great Egret Trail. The Memorial Bench for Dennis Ratay is located 100 yards from the intersection of these trails. This beautiful trail overlooks the Deadman and Coon Creeks, as well as the Viewing Deck. We will not be going to the falls. Bring a Lunch. We will be eating early at the Bench. Bring a plastic bag to sit on. We will not be back in Lincoln before 1:30 or 2:00. Currently the bench is removed and in the shop for repair.. We will view the site of the bench.

TRAVEL TIME/DISTANCE: ½ hour, 15 miles

HIKE LEADER: Darlynnne Giorgi - (916) 768-0284. Sweep: TBD

SPECIAL NOTES: There are Bathrooms at the beginning of the hike. Rain or muddy trails will cancel the hike. Check the Web Site the day before and on the morning of the hike .

PREPERATION FOR THE HIKE:

- 1) If you have any Health issues, please consider your condition before hiking
- 2) Bring copy of your ID (driver's license) Health Card and an emergency contact name and phone number with you on the hike .
- 3) Always bring 1 pair of shoes along with your Hiking Boots, along with a bag to store your dirty hiking boots on the drive home. Pease be considerate of the driver's car and wear your clean shoes on the way home.
- 4) Bring Lunch, water and sunscreen. Trekking poles are always recommended.

MEETING TIME: 8:30 at back of Orchard Creek parking lot. Leaving at 8:45. Carpooling is not planned. But if you need a ride, come and see if someone can drive the masked you.

DIRECTIONS TO HIDDEN FALLS REGIONAL PARK

Follow HiWay 193 to Gold Hill Road (about 4 mi. past Sierra College)

Turn left on Gold Hill. It becomes Wise Road – stay straight.

At T-intersection, turn right onto Mt. Vernon Road.

Follow Mt. Vernon about 4 mi. to left turn onto Mears Drive

Follow signs to Hidden Falls Regional Park