

Ruck-A-Chucky Trail

Tuesday, Nov 12, 2024

DIFFICULTY: Moderate to Strenuous (strenuous because the initial 1.8 mile hike down to the river requires hiking up at the end of the hike --- steep in parts).

ELEVATION GAIN: Starting elevation - 1800 feet. Elevation gain 1100 feet.

HIKE DISTANCE: Up to 9 miles (in and out) if we go to the pools

TRAIL CONDITIONS: to be provided after pre hike

PACE: Moderate/Fast

GENERAL LOCATION: Along the Middle Fork of the American River-Auburn State Park

DESCRIPTION: This hike has spectacular views of the Middle Fork of the American River. After the initial of 1.8 miles to the river, the trail (an unimproved road most of the way and then the WST trail for 2 miles); follows the course of the river, heading upstream.

TRAVEL TIME/DISTANCE: Approximately 25 miles. Suggested donation for riders is \$6. Return time about 3:30 pm. Driving instructions will be handed out to all drivers. Parking fees are required at the trailhead - \$10 per car. A CA State Park pass is acceptable for parking.

HIKE LEADER/SWEEP: Chris Gomes/TBD

SPECIAL NOTES:

FACILITIES AVAILABLE: No bathroom at trailhead, but there is a nonflush bathroom after hiking 2 miles.

PREPARATION FOR HIKE:

- 1) Bring a copy of your ID (driver's license), health card, and emergency contact name and phone number with you when you hike.
- 2) If you have any health issues, please consider your condition before hiking.
- 3) Always bring an extra pair of shoes along with a plastic bag to store your hiking boots after the hike.
- 4) Bring lunch and plenty of water.
- 5) Trekking poles are advised for this hike, because of the steep up and down part of the trail.

RISKS: The trail is an unimproved dirt, rocky road most of the way (with only a little possibility of mud) and then the trail becomes a one track dirt trail. Two creek crossings.

QUESTIONS: Call Chris Gomes 1-925-286-4524

RAIN ON THE DAY OF THE HIKE CANCELS THE HIKE

MEETING TIME: 8:00 AM at Orchard Creek Fitness Parking Lot. Leaving at 8:15 AM

DRIVING DIRECTIONS to RUCK-A-CHUKY TRAILHEAD

I-80 E to North Auburn. Take exit 121 from I-80 E Follow Foresthill Rd 8.3 miles and turn right onto Drivers Flat Rd About 25 miles total, 35 minutes