

**Hidden Falls with Golden Eagle & Mourning Dove Loops**  
**Hidden Falls Regional Park**  
**March 3, 2026**

**NOT PREHIKED THIS YEAR**

**NOTE: Changed from previously planned Stagecoach Hike due to Feb 28 rock slides in the area of the Stagecoach Hike.**

**DIFFICULTY (Rating):** Moderate/Strenuous – Due to length

**HIKE DISTANCE:** 11.2 Miles

**ELEVATION/GAIN:** Start 950' / Highest 950' / Gain 1,220'

**PACE:** Moderate/Fast

**TRAIL CONDITIONS:** There is likely to be mud after the recent rain – hiking poles strongly advised. Mostly dirt trails with ups and downs but nothing too steep. Trails are shared with bicycles.

**DESCRIPTION:** Hidden Falls Regional Park trails show off the beauty of our local rural area. The trails wind through the oak woodlands with creeks.

Bring a lunch - we will stop along the trail for a lunch break.

**Hike Route:** [Hidden Falls with Golden Eagle and Mourning Dove Loops](#)

**FACILITIES:** Pit Toilets at the trailhead.

**DRIVE TIME/MILES:** 30 minutes, 14 miles

**DRIVER REIMBURSEMENT:** \$4

**LEADER/SWEEP:** Debbie Knowles/TBD. Email Debbie with questions [djknowls@yahoo.com](mailto:djknowls@yahoo.com)

**MEET/LEAVE TIME:** Meet at 7:45 with depart time of 8:00 (OC parking lot aisle 14)

**PREPARATION FOR HIKE:**

- Being prepared physically as well as having the right equipment makes for a better experience, not only for you, but for your fellow hikers.
- **If you have any health issues, please consider your condition before hiking at high altitude or at a fast pace. What to Bring:**
- **PLENTY OF WATER!** Recommend 50 oz. /1.5 liters minimum for 5-mile hike – more if longer. Electrolytes suggested. Higher altitudes are dehydrating even when cool.
- Hiking boots/shoes, hat, sun protection, insect repellent, small first aid kit. Wind/rain jacket always advisable in the mountains. Trekking poles recommended.
- ID (driver's license), health insurance card, emergency contact / phone number.
- Extra pair of shoes to change into after hike and a plastic bag for muddy/dusty hiking boots to keep your driver's car clean.

## **Driving Directions**

Google Maps: Navigate to Hidden Falls Regional Park in Auburn or 7587 Mears Pl, Auburn, CA 95602

Or

Leave Sun City and take 193 East.

Left on Fowler Road

Right on Fruitvale Road

Left on Gold Hill Road

Right on Wise Road

Left on Wise Road

Right on Mount Vernon Road

Left on Mears Road

Continue for a mile. Signs will direct you to the parking lot.

Driver donation: \$4