

SHOWERS LAKE
Thursday, July 17, 2025

NOTE: Not prehiked this year.

RSVP Required – Email djknowls@yahoo.com

For FAST Hikers staying overnight after Winnemucca

Make your own room reservation NOW in South Lake Tahoe with 24-hour cancellation. Predicted thunderstorms will cancel hikes. See below.

- GENERAL LOCATION:** Kit Carson Pass
- DIFFICULTY:** Strenuous based on distance, altitude and elevation gain.
- HIKE DISTANCE:** 10.2 miles, out and back
- ELEVATION GAIN:** Starting elevation about 8,560', Showers 8664' Total gain about **1,400**.
- PACE:** Fast (Fewer stops, faster pace)
- NOTE:** We hope to see wonderful flowers! We will slow our pace and allow time for plenty of photos as we pass through wildflower meadows.
- TRAIL CONDITIONS:** Altitude and distance are factors to consider. Also fast pace. Avoid this hike if you have problems with hiking at high altitude. While this trail is well maintained, it has numerous easy water crossings and may be buggy. Bring bug spray. Also can be windy.
- DESCRIPTION:** This hike is part of the Pacific Crest Trail. It is a gorgeous hike. There are views of Lake Tahoe in the distance. We pass through the headwaters of the Upper Truckee River (a creek at this elevation) – through forest and expansive meadows. The middle part of the hike, through Miess Meadows, is quite flat. If the timing is right, there are great spreads of wildflowers. Showers Lake is a beautiful granite-rimmed alpine lake.
- FACILITIES:** Restrooms at trailhead.
- DRIVE TIME/MILES:** **Hikers MUST be staying nearby and be at the ranger station by 8am.** Please see list of possible room accommodations at the end of this document.
- DONATION:** None.
- LEADER/SWEEP:** TBD/TBD
- MEET/LEAVE TIME:** Meet at 8am / Leave Time 8:15am. Meet at Pacific Crest Trail – Meiss Trailhead (see below)
- PREPARATION FOR HIKE:**
- Being prepared physically as well as having the right equipment makes for a better experience, not only for you, but for your fellow hikers.
 - **If you have any health issues, please consider your condition before hiking at high altitude or at a fast pace.**

What to Bring:

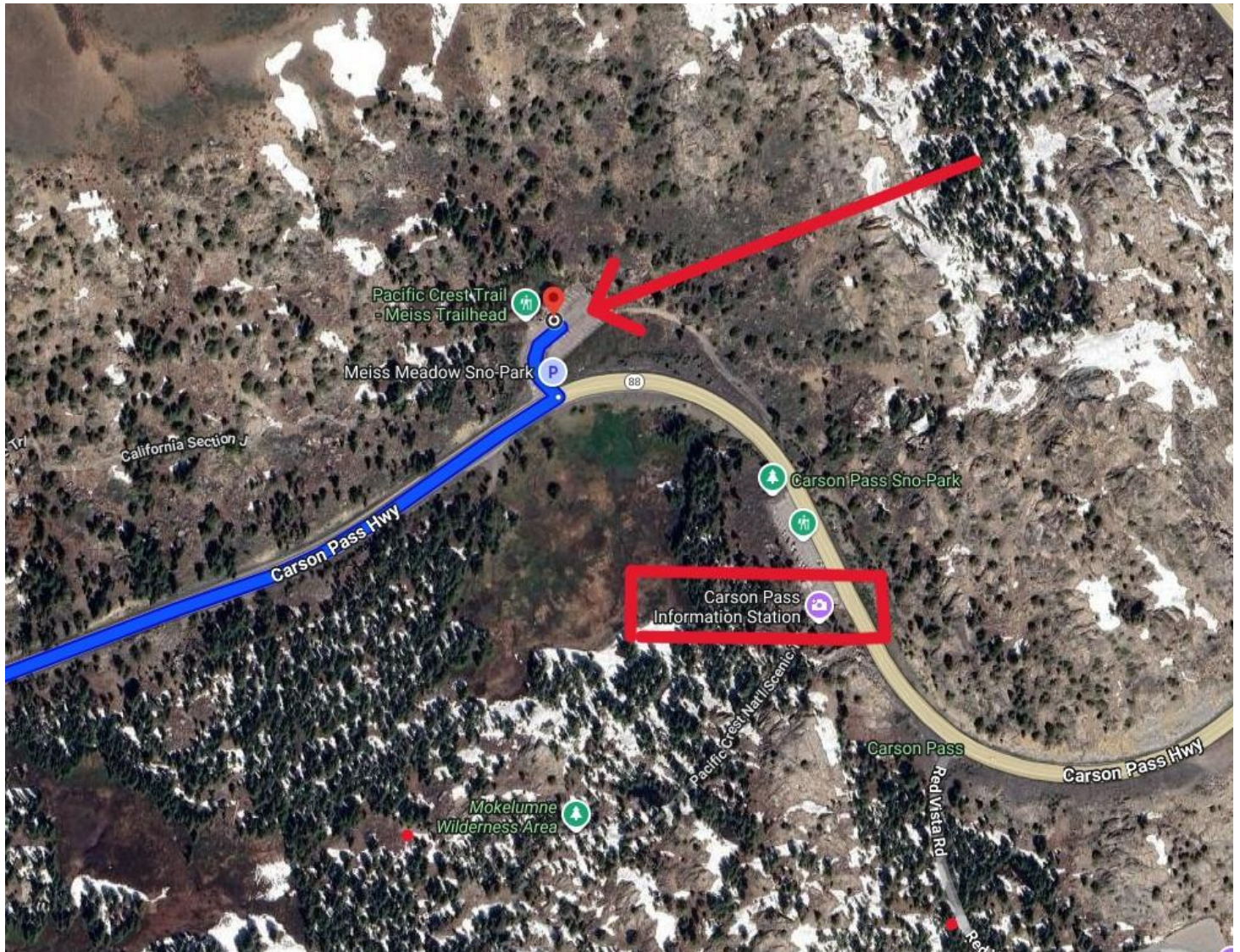
- **PLENTY OF WATER!** Recommend 50 oz. /1.5 liters minimum for 5-mile hike – more if longer. Electrolytes suggested. Higher altitudes are dehydrating even when cool.
- Hiking boots/shoes, hat, sun protection, insect repellent, small first aid kit. Wind/rain jacket always advisable in the mountains. Trekking poles recommended.
- ID (driver's license), health insurance card, emergency contact / phone number.
- Extra pair of shoes to change into after hike and a plastic bag for muddy/dusty hiking boots to keep your driver's car clean.

Alltrails Link: <https://www.alltrails.com/explore/map/showers-lake-via-the-pct-plus-viewpoint-f7426bc>

DIRECTIONS TO TRAILHEAD

We will meet at the trailhead for Showers Lake Trail which is the parking area for the Pacific Crest Trail – Meiss Trailhead.

This lot is on the North side of Highway 88 appx 0.2 miles west of the Carson Pass Ranger Station/Information Center.



USE Golden Age/Federal Lands Pass for parking.

List of possible room accommodations for those hiking Showers Lake on July 17:

- Please make your own arrangements NOW for lodging on Wednesday July 16.
 - Debbie and Lisa are staying at the Emerald Bay Lodge
1. Emerald Bay Lodge - 735 Emerald Bay Rd, South Lake Tahoe, CA 96150
Approximately 30 minutes to the trailhead (but easier access to restaurants).
 2. Woodfords Inn - 20960 CA-89, Markleeville, CA 96120
Approximately 20 minutes to the trailhead.

Expedia and Booking.com have additional recommendations for Emerald Bay in South Lake Tahoe