

Confluence-Clementine Loop

Tuesday May 13, 2025 Hike will proceed Rain or Shine

GENERAL LOCATION: Auburn, American River Canyon off Hwy 49 at the Confluence

DIFFICULTY (Rating): Moderate overall

HIKE DISTANCE: Total miles: 8 miles (loop)

ELEVATION/GAIN: Gain: 1,289 feet

PACE: Moderate and relaxed. Leader assesses pace of hikers and stays at that pace.

TRAIL CONDITIONS: Trail follows the river, thus some drop-offs towards the river. This is also a bike trail requiring hikers to be alert. Some poison oak.

DESCRIPTION: This is a beautiful hike starting from the confluence on the Middle Fork of the American River, looping past Lake Clementine Dam, (we will take a 1.5 mile spur off the trail to visit the spillway) following the North Fork of the American River back, under the 730 foot high Forest Hill Bridge, and ending back at the confluence. We will eat lunch on the trail. (There may limited places to sit for lunch so something to sit on may be advisable.)

FACILITIES: There are restroom facilities at the Ranger Station trailhead, a porta-potty halfway on the trailhead, and restrooms again at Lake Clementine Dam.

DRIVE TIME/MILES: 27 minutes, 17 miles

DONATION: \$5 CA state park pass required to park in lot.

LEADER/SWEEP: Bruce Quick / Sweep - Debbie Knowles

MEET/LEAVE TIME: Meet 8:15 AM / Leave 8:30 AM Hope to be back by 2:00 PM

Meet at far end of Orchard Creek Parking Lot in front of Fitness center, rows 12-14.

PREPARATION FOR HIKE:

- Being prepared physically as well as having the right equipment makes for a better experience, not only for you, but for your fellow hikers.
- **If you have any health issues, please consider your condition before hiking.**
- **WHAT TO BRING:**
- **PLENTY OF WATER!** Recommend 50 oz. /1.5 liters minimum for 5-mile hike – more if longer. Electrolytes suggested. Higher altitudes are dehydrating even when cool.
- **Lunch and Snacks**

- Hiking boots/shoes, hat, sun protection, insect repellant, small first aid kit. **Trekking poles highly recommended.**
- ID (driver's license), health insurance card, emergency contact / phone number.
- Extra pair of shoes to change into after hike and a plastic bag for muddy/dusty hiking boots to keep your driver's car clean.

AllTrails Map: <https://www.alltrails.com/explore/map/clementine-loop-trail-ac627ab>

Driving Directions: Twelve Bridges south to English Colony to Interstate 80 east to Exit 119C to Highway 49 south to Rangers Station at the bottom of the canyon.

We will meet at the Auburn State Park Kiosk on Old Foresthill Road. We will start on the Confluence Trail near there – see photo below.

Trailhead parking requires a California State Park Pass or \$10 fee

Bruce Quick's cell is 916-224-5010

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