

# East Perimeter Trail and North Nature Loop Tahoe Donner

Tuesday, July 8, 2025

**GENERAL LOCATION:** Tahoe Donner, Truckee, CA

**DIFFICULTY:** Moderate/Strenuous

**HIKE DISTANCE:** 7.4 miles loop hike

**ELEVATION/GAIN:** Start 6191 / Highest 6605 / Gain 1102

**PACE:** Moderate to fast depending on group make-up

**TRAIL CONDITIONS:** A few rocky uphill spots but mostly packed earth trail.

**DESCRIPTION:** This is a lovely hike with a lot of diversity, Alder Creek, wetlands, lovely vistas, gorgeous pines, aspens and wonderful Tahoe air, a little of everything.

**FACILITIES:** We will come by a lodge with restroom facilities toward the later part of the hike. There are restrooms at the Shell Station right when you exit the freeway and that would be a good place to stop before getting to the meet up spot.

**DRIVE TIME/MILES:** Time and distance to trailhead 90 minutes approximately 80 miles

**DONATION:** Suggested donation to drivers: \$16

**LEADER/SWEEP:** Leader Kat Kepus (916 804 9315) and sweep TBD

**MEET/LEAVE TIME:** Meet 6:30 am and leave 6:45 am

Meet at far end of Orchard Creek Parking Lot in front of Fitness center, rows 12-14.

## PREPARATION FOR HIKE:

- Being prepared physically as well as having the right equipment makes for a better experience, not only for you, but for your fellow hikers.
- **If you have any health issues, please consider your condition before hiking at high altitude or at a fast pace.**

### What to Bring:

- **PLENTY OF WATER!** Recommend 50 oz. /1.5 liters minimum for 5-mile hike – more if longer. Electrolytes suggested. Higher altitudes are dehydrating even when cool.
- Hiking boots/shoes, hat, sun protection, insect repellent, small first aid kit. Wind/rain jacket always advisable in the mountains. Trekking poles recommended.
- ID (driver's license), health insurance card, emergency contact / phone number.
- Extra pair of shoes to change into after hike and a plastic bag for muddy/dusty hiking boots to keep your driver's car clean.

**AllTrails Map:** <https://www.alltrails.com/trail/us/california/east-perimeter-and-north-nature-loop>

**Driving Directions:**

[https://maps.app.goo.gl/HmABjjexGgG7FRob7?g\\_st=im](https://maps.app.goo.gl/HmABjjexGgG7FRob7?g_st=im)

GPS coordinates 39.35750 N 120.23661 W

Paved parking

Driver reimbursement cost per hiker \$16